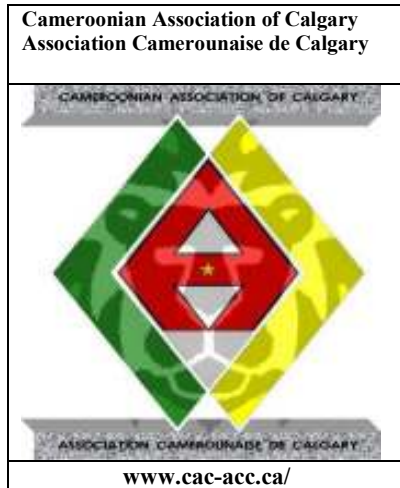


CAC PRESENTATION



Hi,

As you are preparing to live in Calgary, the CAC has appointed a team to gather the essential information you may need as a new comer in the city; So that you can save time, money and energy.

The information provided in this document is only for indication purpose.

The CAC is not responsible for any discomfort you might encounter due to a misused of this document.

Thus the new comer should double check before taking any decision or action and always seek for the assistance and advise from a trusted person.

We wish you and your family, a happy time in Calgary and looking forward to hearing from you very soon.

FIRST DAYS ACTIONS

On arrival at Calgary International Airport, you will need a pick-up. If you do not know anyone who can help, you can contact the CAC to arrange for a pick-up or call a taxi:

Checker Yellow Cabs Ltd
Tel: 403-299-9999 Free Call

Mayfair Taxi Ltd
Tel: 403-255-6555 Free Call

Airport Shuttle Service & Jet
Tel: 403-259-5959 Free Call

Keep in mind the Emergency Service number is 911 and the City of Calgary number is 311;

Below are the actions it is advised to take the first week.

DAY 1

Get your SIN number at your closest SERVICE CANADA office :
www.servicecanada.gc.ca

DAY 2

- Open your bank account at your preferred bank
- Get a Transit pass at your local SHOPPER's Drugmart (www.shoppersdrugmart.ca), 7-Eleven or check on the website: www.calgarytransit.com.
- Don't forget to take a map

DAY 3

- Go to the this address: 727 – 7 Ave SW to pay your Alberta Health Care insurance
- Register your kids at your local school

DAY 4

- Check around and locate your grocery stores (The Real Canadian superstore: www.superstore.ca)
- Check around and locate your local post office. There will be one in your local SHOPPER'Drugmart

DAY 5

Go to a newcomer's agency like CCIS, Bow Valley College, CANAF, etc

DAY 6

Visit some friends and walk around to see the beauty of Calgary

Some BANK Information

Royal Bank of Canada (RBC)
- Main Branch: 339 8TH AVE SW
- Website: www.rbcroyalbank.com
- Phone: 1 800 79 2555

TD Canada Trust
- Main branch: 902 8th Ave S W
- Website: www.tdcanadatrust.com
- Phone: 1 866 222 3456

Scotia Bank
- Main branch: 240 8th Avenue Sw
- Website: www.scotiabank.com
- Phone: 1 800 4SCOTIA

ATB Financial
- Downtown Branch: #100, 801 6th Avenue SW
- Website: www.atb.com
- Phone: 1 800 332 8383

www.cibc.ca/ca/personal.html
www.atb.com
www4.bmo.com
www.hsbc.ca
www.td.com
nbc.ca

EMPLOYMENT

Calgary Industrial Labour
312 - 4ST NE
Tel: (+1) 403-262-4060

ManPower Temporary
#120,734-7 ave sw
Tel: (+1) 403-269-6936

Francophone Newcomers Centre
Tel: (+1) 403-232-5485
E-mail: accueil@canaf.ab.ca
www.canaf.ab.ca

Calgary Catholic Immigration Society
3rd Fl, 120-17 Av SW
Tel: (+1) 403-262-2006
E-mail: contact@ccis-calgary.ab.ca
www.ccis-calgary.ab.ca

Centre Francophone de Calgary
#200 - 149 - 5th Avenue S.E.
Tel: (+1) 403-232-5484
E-mail : lecentre@centredecarriere.ab.ca
www.centredecarriere.ab.ca

Immigrant Services Calgary
#1200, 910 - 7th Avenue S.W
Tel: (+1) 403-265-1120
E-mail: info@immigrantservicescalgary.ca
www.immigrantservicescalgary.ca

Some Useful Links:
www.calgaryjobshop.ca
www.monster.ca
www.workopolis.com
www.hrsdc.gc.ca
www.worksearch.gc.ca
www.theworkplace.ca
www.alis.gov.ab.ca

COLLEGE/UNIVERSITY

International Qualifications Assessment Service
Edmonton
Tel: (+1)780-427-2655
www.immigration.alberta.ca/iqas

SAIT Polytechnic
1301 - 16 Ave. N.W.
Tel: (+1)403-210-4150
www.sait.ab.ca/

University of Calgary
2500 University Drive NW
Tel: (+1)403-220-5110
www.ucalgary.ca/directory

Alberta College of Arts and Desing
1407-14 Ave NW
Tel: (+1)403-284-7600
www.acad.ab.ca

Mount Royal College
4825 Richard Road S.W.
Tel: (+1)403-440-6517
www.mtroyal.ab.ca

Devry Institute of Technology
2700 3 Avenue SE,
Tel: (+1)403-235-3450
www.devry.edu

Bow Valley College
332 – 6 Avenue SE
Tel: (+1)403-410-1400
www.bowvalleycollege.ca

Columbia College
802 Manning Road NE
Tel: (+1)403-235-9300
www.columbia.ab.ca

Primary and High-School

Calgary Board Education
www.cbe.ab.ca

Catholic Separated School District
www.cssd.ab.ca/

Conseil Scolaire du Sud de l'Alberta
www.conseildusud.ab.ca/

Kidsmart Early Learning School (PreSchool)
Memorial Drive and 52 St SE
Tel:(+1) 403-313-7235(+1) 403-890-2024

HOSPITAL

In order to have access to doctor, you have to call and book an appointment. Here is the list of the hospital in Calgary.

www.calgaryhealthregion.ca/hospitals/calgary/index.htm

Calgary Health Link

Tel: (+1) 866-408-5465
(+1) 403-943-5465
www.calgaryhealthregion.ca/

Rockyview General Hospital

7007 14 St. SW
Tel: (+1) 403-943-3000

Peter Lougheed Centre

3500 26 Ave. NE
Tel: (+1) 403-943-4555

Alberta Children's Hospital

2888 Shaganappi Trail NW
Tel: (+1) 403-955-7211

Terry Kane Physical Therapy

637 - 11th Avenue SW
Tel: (+1) 403-263-3113
www.terrykane.ca/

Foothills Medical Centre Calgary

1403 29 St. NW
Tel: (+1) 403-944-1110

Walk - In Clinic

In a walk-in clinic, you can consult a Doctor without an appointment on the first in first serve basis. Here is the list of the Walk-In Clinic in Calgary.

www.calgary.servpro.ca/testlist.php?compType=Clinics%20Medical&sub=30509&city=Calgary

Here is a faster walk-in Clinic

Heritage Family Medical Centre

8330 MacLeod Trail SE
Tel: (+1) 403-258-3000

ACCOMODATION

House

www.buyahomecalgary.com/
www.rentfaster.ca/
www.calgaryrealestatelink.com/
www.openhouse100.com/
www.forsalebyownercanada.com
www.homebase.ca

Apartment

www.rentfaster.ca/
www.easyroommate.com/
ca.roommates.com/

Condominiums

www.calgary-houses-condominiums.com/

Social

www.calgarynewcomersclub.com

Hotels

Auberge francophone
#201- 149, 5th Ave SE
Tel: (+1) 403-232-5475
www.GTAHotels.com/CalgaryMotels
www.HolidayInn.com

Furniture

www.Kijiji.ca
calgary.en.craigslist.ca/

CUPS (Free furniture)
128,7th Avenue SE
Tel: (+1) 403-221-8780

Salvation Army
Unit 2A-3200 17th Ave NE
Tel: (+1) 403-235-3976

Women in Need Society
3525 26 Avenue SE
Tel: (+1) 403-255-5102

Interfaith Furniture (2nd hand)
635 - 35 Ave. NE
Tel: (+1) 403-276-3173

GROCERY

The Real Canadian Superstore

www.superstore.ca/
Locations:
www.calgaryselect.com/Shopping/Superstore/tabid/306/Default.aspx

Safeway

www.safeway.ca/
Locations:
www.calgaryselect.com/Shopping/Safeway/tabid/304/Default.aspx

Co-Op

www.calgarycoop.com/
Locations:
www.calgaryselect.com/Shopping/CalgaryCoop/tabid/294/Default.aspx

Wal-Mart

www.walmart.ca
Locations:
www.calgaryselect.com/Shopping/Walmart/tabid/293/Default.aspx

Shoppers Drug Mart

www.shoppersdrugmart.ca/

MCC Thrift Shop

100-2946 32nd St NE
Tel: (+1) 403-272-0282

African Food

DeChosen African Market
Dalbrent Shopping Center
112-3604 52 Ave NW
Tel: (+1) 403-210-0988
dechosen.com/index.htm

God's Glory African
3745 Memorial Dr. SE
Tel: (+1) 403-273-9367

African Supermarket
11255 30th St SW
Tel: (+1) 403-831-7913

RECREATION

Calgary Attraction

www.calgaryattractions.com/map.html
www.calgarynewcomersclub.com

FORT CALGARY

750-9th Ave SE
Tel: (+1) 403-290-1875
www.fortcalgary.com

CALGARY ZOO

1300 Zoo Road NE
Tel: (+1) 800-588-9993
www.calgaryzoo.com

CALGARY STAMPEDE

1410 Olympic Way SE
Tel: (+1) 403-261-0101
calgarystampede.com/

CANADA OLYMPIC PARK

88 Canada Olympic Road S.W.
Tel: (+1) 403-247-5452
www.canadaolympicpark.ca

CALAWAY PARK

245033 Range Road 33
Tel: (+1) 403-240-3822
www.calawaypark.com

TELUS World of Science

701-11 St SW
Tel: (+1) 403-268-8900
www.calgaryscience.ca

SPRUCE MEADOWS

18011 Spruce Meadows Way SW
Tel: (+1) 403-974-4200
www.sprucemeadows.com

HERITAGE PARK

1900 HERITAGE DR SW
Tel: (+1) 403-268-8500
www.heritagepark.ca

CALGARY TOWER

101- 9th Ave S.W.
Tel: (+1) 403-266-7171
www.calgarytower.com

SPACEPORT

Calgary International Airport
2000 Airport Road N.E
Tel: (+1) 403-717-7678
www.calgaryspaceport.com

Devonian Gardens

317-7th Ave SW
Tel: (+1) 403-268-3830

Calgary Museums

GLENBOW MUSEUM

130 - 9th Ave. S.E.
Tel: (+1) 403-268-4100
www.glenbow.org

The Military Museums

4520 Crowchild Trail SW
Tel: (+1) 403-974-2850
www.museumoftheregiments.ca

AERO SPACE MUSEUM

4629 McCall Way NE
Tel: (+1) 403-250-3752
www.asmac.ab.ca/

Firefighters Museum Society

4124 11 Street SE
Tel: (+1) 403-246-3322
www.firefightersmuseum.org

Calgary Cinema

www.cinemacalgary.com

Calgary Night Life Guide

TEQUILANIGHTCLUB

219 17th Ave SW
Tel: (+1) 403-209-2215
www.tequilanightclub.com

THE WHISKEY

341 10 Ave SW
Tel: (+1) 403-770-2323
www.thewhiskeynightclub.com/

THE BACK ALLEY

4630 Macleod Trail SW
Tel: (+1) 403-287-2500

TANTRA

355 10 Ave SW
Tel: (+1) 403-264-0202
www.tantranightclub.ca

Aussie Rules Foodhouse & Bar

1002 37 Street SW
Tel: (+1) 403-249-7933
www.aussierules.ca

Don Quijote Spanish Restaurant

309 2 Avenue SW
Tel: (+1) 403-205-4244
www.donquijote.ca